

## XANTHELASMA AFTERCARE

### What to Expect:

- Eyes will be swollen / mild puffiness for 2-3 days after
- There may be some bruising or even a black eye.
- Your vision would be unaffected, but we strongly recommend that you don't drive home on the day of the procedure
- You will be able to resume most normal daily activities the next day, but it's best to avoid swimming for 2 weeks while the wound heals

### Aftercare

- Simply apply antibiotic ointment 4 times a day and otherwise leave alone.
- Any stitches (where used) would need to be removed at around 5-7 days later.
- Sometimes the wound is left to heal as a graze rather than using stitches, in which case there is no further appointment required.
- Eyelid skin heals very well and healing is normally complete in about 2 weeks
- Cool the eyes with Saline soaked Gauze
- Sleep with the head elevated
- Clean the wound once daily with Saline
- Use eye drops as needed.

Should you have any concerns following your treatment please email us during office hours at [info@cosmedics.co.uk](mailto:info@cosmedics.co.uk) or call 0207 386 0464 during office hours. You can also call Putney reception on 0208 246 4866. The Putney clinic is open until 8pm most evenings and you can book in for follow up appointments. FOR EMERGENCIES CALL : 07872363434